## Drainage and Tonification

Drainage and Tonification is central to the healing process. It is well understood that until the extra cellular matrix is clarified, there will not be complete cellular resolution. 1) BioToxosis remedies such Lymph 1, 2, and 3 assist in the clarification of the systemic drainage pathways 2) Spagyric botanicals de congest, drain and detoxify at the physical level and 3) the Milieu Series provide homeopathic drainage at the point of focal interference. Utilizing this combination, the local and systemic ECM drainage pathways are liberated and healing is the natural outcome as obstacles to cure are no longer an issue.

As an added bonus feature, the Milieu Drainage Tonifiers also contain specific flower remedies designed to assist in the drainage and tonification of the emotional terrain.

### Homeopathic drainage is considered to be a functional process, traditionally accomplished using low potentized remedies. Today, the increasing xenobiotic onslaught upon our world requires a more extended approach.

The Milieu Series of remedies was eclectically and thoughtfully crafted to provide a more global understanding of a case picture. The addition of complementary tonification factors assist in preparing the body for deeper, safe detoxification.

Each remedy provides gentle drainage and tonification, without causing the immediate release of cellular toxins, which can create additional complications for BioToxosis and Homotoxicological processes.

A blend of low potentized, ascending homeopathic glands and hormones combine elegantly with Spagyric botanicals, polyrests, cell salts and flower essences to complete the case picture and ensure a well measured and proportionate response.

Western-approach clinicians report successful integration of the Milieu drainage and tonification remedies in acute situations related to the organ or causal chain indicated. TCM practitioners find that drainage remedies nourish the blood, chi, yin and yang. Similar results are reported in healing arts’ approaches around the world, although with different “poetry”, including Ayurveda, South American traditional medicine, etc.

**These unique remedies work exceptionally well in opening up conditions that are stuck or potentially cloaked.**

### Naturally pleasant tasting THT Spray Milieu works homeopathically to address the levels of cause.

#### Examples of contributing factors to sore throats include:

- Mouth breathing (can cause drying and irritation of the throat)
- Gastric reflux
- Common cold & flu
- Infectious mononucleosis
- Allergies to pollens, molds, pets, “sick house syndrome”
- Strep throat
- Tonsillitis
- Ongoing sinus infections
- Viral pharyngitis
- Dry heat, pollutants, chemicals, chronic stuffy nose
- Straining the voice
- Immune insufficiencies
- Fungal infections/Candida/mycoplasmas

**Coxsackie virus may cause blisters in the throat, especially in the late summer and early fall. Mononucleosis and the flu can also cause specific viral throat infections.**

### Adrenal insufficiency needs to be addressed with sore throats lasting more than 5-7 days.

THT Spray Milieu may technically be more of a detoxifier than a drainage and tonification remedy, however since it strategically employs a heavy complement of drainage and tonifying Spagyric botanicals and homeopathics it fits well into this category.

### Drainage without tonification will prove ineffective, as cells and organs may well buckle under the strain of detoxification. The patient may feel better initially, however, in the long run, the damage will be apparent often in the form of other conditions.

### Ingredients:

- Aps mellifica 12X
- Baptisia tinctoria 3X
- Belladonna 12X
- Commiphora myrrha 1X
- Echinacea angustifolia 1X
- Ferrum phosphate 6X
- Hepar sulphuris calcareum 12X
- Hydrastis canadensis 1X
- Lachesis muta 12X
- Mercurius solubilis 12X
- Phytolacca decandra 3X
- Salvia officinalis 1X
- Syzygium aromaticum 1X
- Thymus vulgaris 1X

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Materia Medica

Apis mellifica (Honeybee) 12X - Apis is used for skin conditions, edema and allergic conditions in the eyes, mouth and throat (such as watery swellings on the eyelids or in the mouth that spread to the throat and obstruct breathing). It is also good for fever with a lack of thirst and dry, sensitive skin, a sore throat and headaches where the head feels hot with stabbing pain. Apis is given for conditions that affect the lining of the joints, chest and abdomen, for example, Arthritis, pleurisy and peritonitis.

Baptisia tinctoria (Wild Indigo) 3X - Wild indigo has been used for many centuries as a remedy for throat infections - stupor, flushing and fever. Indications for its use are: sore throat and where the tonsils may be dark red and swollen. The gums and throat may be affected by ulcers, which are not necessarily painful. The lips may be blue, cracked, or bleeding. Swallowing solid food without gagging may be impossible, but drinking small amounts of liquid is bearable. A marked thirst and copious drinking may be followed by the scant passage of urine.

Belladonna (Deadly Nightshade) 12X – Belladonna with its ability to bring a relaxing effect on the smooth muscles is useful in conventional medicine where it is made into an anesthetic, especially in procedures where digestive or bronchial secretions must be kept suppressed. Belladonna has narcotic effects, it is also a known diuretic and in addition, it possesses sedative, antispasmodic and mydriatic effects (enlarged pupil).

Commiphora myrrha (Myrrh) 1X - Myrrh is believed to be emotionally strengthening and empowering and it is said to contain antiseptic, antibacterial, anti-viral, anti-fungal and anti-inflammatory compounds. Primarily, it stimulates the production of white blood corpuscles (with their anti-pathogenic actions), and secondarily, it has a direct anti-microbial effect. It is recommended as a specific treatment of infections in the mouth, such as mouth ulcers, gingivitis, pyorrhea, as well as the catarrhal problems of pharyngitis and sinusitis. Myrrh is also indicated in laryngitis and respiratory complaints.

Echinacea angustifolia (Coneflower) 1X - Research studies show that echinacea contains active substances that enhance the activity of the immune system, relieve pain, reduce inflammation and have hormonal, anti-viral, and antioxidant effects. For this reason, professional herbalists use echinacea to treat urinary tract infections, vaginal yeast infections, ear infections (also known as otitis media), athlete's foot, sinusitis, hay fever hormonal balancing, menstrual problems, as well as slow-healing wounds.

Ferrum phosphate (Iron Phosphate) 6X - It is indicated for feverish inflammatory problems of the respiratory organs, hemorrhages and their sequelae, circulation conditions, rheumatic problems of the spine, shoulder complaints, colds, low fever and depression.

Hepar sulphuris calcarea (Calcium Sulfide) 12X - Hepar sulf is mainly used when there is an infection, for example, in tonsillitis, earache and skin complaints where the skin is sensitive to touch, moist and suppurates easily. It is used for lymphatic congestion, sore throat with ear pain on swallowing and loss of voice or hoarseness; sinus congestion; ulceration or inflammation of the eyes; cold sores and mouth ulcers; colds that start with an itchy, tickly throat; a dry, hoarse cough or a crowing cough with loose, rattling phlegm in the chest; a chesty cough brought on by exposure to cold air and flu with a fever, sneezing, sweating and a need for warmth.

Hydrastis canadensis (Goldenseal) 1X - Goldenseal's numerous uses are attributed to its antibiotic, anti-inflammatory and astringent properties. Goldenseal is said to cleanse and promote healthy glandular functions by increasing bile flow and digestive enzymes, thereby regulating healthy liver and spleen functions. It is also thought to ease inflamed peptic ulcers, aid digestion and relieve constipation.

Lachesis muta (Bushmaster snake) 12X - Lachesis decomposes the blood, rendering it more fluid; hence a hemorrhagic tendency is marked (skin etc) It is used for swollen, sore throats, headaches associated with flu and colds, sneezing, swollen glands, fevers and aches and pains with flu symptoms.

Mercurius solubilis (Mercuric Chloride) 12X - Merc. cor. is given for ulcers associated with exhaustion, in the throat, mouth and on the front of the eyes. Symptoms may include sharp pain in the back of the nose that extends out to the ears, excessive saliva and it sensation that the teeth are loose.

Phytolacca decandra (Poke Root) 3X - Poke root has a very favourable influence on the glandular system, inciting and increasing its actions. It regulates the liver and bowels, cleanses the blood and is highly valued in conditions due to impurities in the blood. It is an alterative which will gradually restore the proper function of the body and increase health and vitality to the lymphatic system.

Salvia officinalis (Sage) 1X - Salvia has an antispasmodic action which reduces tension in smooth muscle and it can be used in a steam inhalation for asthma attacks. It is an excellent remedy for helping to remove mucous congestion in the airways and for checking or preventing secondary infection. It is an aromatic, carminative, spasmytic, antiseptic, astrin gent, and antihydrotic.

Syzygium aromaticum (Clove) 1X - Cloves are approved by the German Commission E for inflammation of the mucous membranes of the mouth and throat and for topical anesthesia in dentistry.

Thymus vulgaris (Thyme) 1X - Thyme contains volatile oils that have antiseptic qualities which are ideal for treating infections of the respiratory system. Thyme also contains antispasmodic properties that are considered ideal for relieving chronic coughing, muscle spasms and headaches. Known uses are for laryngitis, mouth sores, plaque formation, sore throat, thrush, tonsillitis and bad breath.

Additional Ingredients:
- Reverse osmosis water 68%
- Ethanol 12%
- Kosher glycerine from palm/or coconut oil 20%

References:
- University of Maryland Medical Center website.