Drainage and Tonification is central to the healing process. It is well understood that until the extra cellular matrix is clarified, there will not be complete cellular resolution. 1) BioToxicosis remedies such Lymph 1, 2, and 3 assist in the clarification of the systemic drainage pathways 2) Spagyric botanicals decongest, drain and detoxify at the physical level and 3) the Milieu Series provide homeopathic drainage at the point of focal interference. Utilizing this combination, the local and systemic ECM drainage pathways are liberated and healing is the natural outcome as obstacles to cure are no longer an issue. As an added bonus feature, the Milieu Drainage Tonifiers also contain specific flower remedies designed to assist in the drainage and tonification of the emotional terrain.

1) complement the well established foundations prepared in the true spirit of European tonics
2) advance the depth of tonic action of this product through current-need, low potentized botanicals (drainage) and classical homeopathics at specific potencies to meet today’s challenges, physically and emotionally!

**Note Spagyric “Rescue” 30C & Corpus callosum 7CH**

This remedy has been successfully formulated in a customized nanosphere liposome™ designed to specifically deliver the “right formula, at the right level, at the right time and in the right sequence”. This approach ensures a more rapid delivery system which removes the challenges of high alcoholic content and the need for large amounts of the remedy. A little goes a long way!

Doctors and patients are reporting that it’s “a lovely and necessary (!) remedy”

**Heart’s Song Milieu** is not available over the counter or under a different label. It has been made specifically to be dispensed by licensed healing arts’ practitioners only.

Accordingly, this remarkable, current remedy, homeopathically promotes hormonal balance, calms the nerves, strengthens the cardio-vascular system, increases Vital Force circulation in organs and in the small intestines and colon.

A perfect remedy for BODY, MIND and HEART!

Drainage without tonification will prove ineffective, as cells and organs may well buckle under the strain of detoxification. The patient may feel better initially, however, in the long run, the damage will become apparent often in the form of other conditions.

**Ingredients:**
- Cinchona 2X
- Cocculus Indicus 200C
- Convalaria Majalis 3X
- Corpus callosum 7CH
- Crocuse Sativus 3X
- Crataegous Oxy 3X
- Cyclamen 3X
- Damiana 1X
- Helonias Dioica 1X, 3X, 12X
- Hydrastris 3X
- Ignatia 3X
- Korean Ginseng 2X
- Lilium Tig 4X
- Magnesia Phosphorica 3X, 12X, 6C
- Menthae Pip 1X
- Naja Trip 8X
- Onosmodium Virginianum 30C
- Pulsatilla 4X
- Rosmarinus Officinalis 1X
- Senecio Aureus 2X
- Sepia 3X, 6C
- Staphisagria 4X
- Thuja Occidentalis 6X, 8C
- Valeriana 1X
- Viola Odorata 1X

**Rescue 30C**: Impatiens, Star of Bethlehem, Cherry Plum, Rock Rose, Clematis

**Traditional Keynotes:**
- Menstrual/Menopause
- Emotional Imbalances M/F
- Fatigue
- Libido
- Brain/head injuries & imbalances

**Complementary Remedies:**
- RLX Milieu
- Fem-Tox
- Green Light
- Maca Intrinsic
- Bio-Omega 3
- Cohosh Intrinsic 114
- Dong Quai Intrinsic 1428
- Adrenal Life Force
- Endo Code F / Endo Code M
- Borage Intrinsic
- Buffered Magnesium
- Glycinate w/L-Taurine
- Buffered Magnesium
- Glycinate w/L-Taurine
- Phi Cal-Mag w/ Boron
- BioCell Salls
- Ultimate Fields
- Pineal Code

**Posology:** 1-3 sprays as needed, 2-3x daily sprayed directly into the mouth or as indicated
### Heart’s Song Milieu

#### Materia Medica

<table>
<thead>
<tr>
<th><strong>Agnus Castus (Chaste tree)</strong> 3X</th>
<th>Clinical studies have demonstrated the effectiveness in the management of PMS (physical and psychosomatic) and cyclical breast pain.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Acidum Phosphoricum (Phosphoric acid)</strong> 9C</td>
<td>Used for listless, impaired memory and apathetic indifference to most things. Cannot collect thoughts or find the right word. Difficult comprehension. Effects of grief and mental shock.</td>
</tr>
<tr>
<td><strong>Alchemilla vulgaris (Lady’s mantle)</strong> 1X</td>
<td>Indicated in atonic conditions such as uterine or bladder atony or prolapse, vaginal laxity and passive hemorrhage and menopause.</td>
</tr>
<tr>
<td><strong>Amber grisea (Ambergris)</strong> 3X</td>
<td>Discharge of blood between periods.</td>
</tr>
<tr>
<td><strong>Asperula Odorata (Sweet woodruff)</strong> 1X</td>
<td>Possesses tonic properties for health in women and also has noteworthy anti-inflammatory and diuretic actions.</td>
</tr>
<tr>
<td><strong>Caulophyllum Thalictroides (Blue cohosh)</strong> 4X</td>
<td>Complaints of the uterus e.g. profuse bleeding as well as absence of uterine muscle tone.</td>
</tr>
<tr>
<td><strong>Chamomilla (Chamomile)</strong> 1X</td>
<td>Used for relaxation, pain, stress or anxiety, especially for differing irritability.</td>
</tr>
<tr>
<td><strong>Cimicifuga (Black cohosh)</strong> 3X, 6C</td>
<td>Influences the hormonal function of women with a tendency to mental excitability.</td>
</tr>
<tr>
<td><strong>Cinchona (Quina)</strong> 2X</td>
<td>Used as a nerve (balances/calms nerves) &amp; neuroasthenic (reduces nerve pain).</td>
</tr>
<tr>
<td><strong>Coccus Indicus (Fish berry/Indian berry)</strong> 200C</td>
<td>Extreme states of exhaustion. People who need their sleep, become worn-out and exhausted, very stressed and irritable due to loss of sleep or from grief or anger, mind goes blank, cannot remember things. May be trembling with stress.</td>
</tr>
<tr>
<td><strong>Convalaria Majalis (Lily of the valley)</strong> 3X</td>
<td>Encourages the heart to beat more slowly, regularly and efficiently. It is also a diuretic, reducing blood volume and lowering blood pressure.</td>
</tr>
<tr>
<td><strong>Corpus callosum 7CH</strong>—The corpus callosum is a band of over 250 million nerve cells that function as a connection between the left and right hemispheres of the brain. Unresolved trauma and unresolved psycho-emotional conflicts cause shrinkage of the hippocampus and other anatomical and physiological brain structures. Psychologically/emotionally corpus callosum concentrates all trauma from pre-birth through one’s life cycle. Note RESCUE Flowers.</td>
<td></td>
</tr>
<tr>
<td><strong>Cratageous Oxy (Hawthorn)</strong> 3X</td>
<td>Relaxing nervous tension brought on by stress of job, family worries and any other stressful conditions. Sleeping aid.</td>
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<tr>
<td><strong>Crocus Sativus (Saffron)</strong> 3X</td>
<td>Carminative, diaphoretic, emmenagogue.</td>
</tr>
<tr>
<td><strong>Cyclamen (Sowbread)</strong> 3X</td>
<td>Great sadness and peevishness, irritable, morose, ill-humoured; inclined to weep; desolation; aversion to open air.</td>
</tr>
<tr>
<td><strong>Helonia Dioica (False unicorn)</strong> 1X, 3X, 12X</td>
<td>Associated with anemic conditions due to profuse menstruation or flooding. The fact that these anemic and debilitated states are found, both under profuse and scanty discharges of the uterine organs, may indicate to the local symptoms are secondary, or a consequence of general debility and impoverished blood (Gen, Scrofulara, Burdock &amp; Trifolio Intrinsics, Green Light).</td>
</tr>
<tr>
<td><strong>Hydrastis (Goldenseal)</strong> 3X</td>
<td>Fatigued and worn out, and an emmenagogue.</td>
</tr>
<tr>
<td><strong>Ignatia (St. Ignatius Bean)</strong> 3X</td>
<td>Effective to decrease vegetative excitability and to counter the tendency for spasms.</td>
</tr>
<tr>
<td><strong>Korean Ginseng (Panax ginseng)</strong> 2X</td>
<td>Especially useful in debilitated persons suffering from exhaustion, fatigue &amp; stress.</td>
</tr>
<tr>
<td><strong>Magnesia Phosphorica 3X, 12X, 6C</strong></td>
<td>Eases muscular cramping. Quick to relieve pain, especially cramping, shooting, darting or spasmodic pain, nerve pains, like sciatica. Symptoms are better from warmth, pressure and bending double but worse from cold.</td>
</tr>
<tr>
<td><strong>Menthae Pip (Peppermint)</strong> 1X</td>
<td>Possesses the physiological properties and therapeutic virtues of menthol (without the negating homeopathic factors) efficiently alleviating tension-type headaches &amp; excellent carminative effects.</td>
</tr>
<tr>
<td><strong>Naja Trip (Dill)</strong> 8X</td>
<td>Mobilizes stagnant and repressed emotions, that tend to manifest in depressed and sad moods. Calms the autonomic nervous system.</td>
</tr>
<tr>
<td><strong>Onosmodium Virginianum (Gravel weed)</strong> 30C</td>
<td>Treatment for lost sexual desire, muscular prostration and muscular weakness.</td>
</tr>
<tr>
<td><strong>Pulsatilla (Windflower/Pasque flower)</strong> 4X</td>
<td>Balance out tendencies to spaciness. Typically (but not limited to) a female remedy. Indicated for amenorrhea, tardy menses, nausea, diarrhea during menses (ck ICV), vaginitis, cystitis and emotional discord or upset. It’s essential disposition of gentleness, timidity, mildness, even tearfulness, that strongly points to Pulsatilla. Scanty menstrual flow with severe gripping pains which are very severe at times. Pulsatilla is an excellent remedy for dysmenorrhoea while at the same time exerts action as a lymphatic drainage. Note: A general distinction between Pulsatilla and Sepia is that a Pulsatilla is worse during menstruation and a Sepia before menstruation.</td>
</tr>
<tr>
<td><strong>Rosmarinus Officinalis (Rosemary)</strong> 1X</td>
<td>Memory deficient. Symptoms of this syndrome in women include acne, frigidity and dysmenorrhea. In men the symptoms include impotence, prostate problems, and various sexual function anomalies.</td>
</tr>
<tr>
<td><strong>Senecio Aureus (Life root)</strong> 2X</td>
<td>Suppressed or obstructed menstrual flow often with urinary symptoms.</td>
</tr>
<tr>
<td><strong>Sepia (Cuttlefish)</strong> 3X, 6C</td>
<td>PMS symptoms including cramping and irritability. Also for hormonal imbalances, hot flashes from menopause, thrush, sudden weeping, bottled up anger.</td>
</tr>
<tr>
<td><strong>Staphisagria (Larkspur)</strong> 4X</td>
<td>Indicated in patients who appear pale, and are worn out and exhausted, especially in regards to the nervous system. As an adult, the Staphisagria patient may exhibit hypochondrial tendencies.</td>
</tr>
<tr>
<td><strong>Thuja Occidentalis (White cedar)</strong> 6X, 8C</td>
<td>Related to the personality/constitution of the syphilitic misia. In the emotional sphere the feeling of fragility manifests in fear of losing face. Secreive and sensitive to criticism and contradiction. For a person who is totally shattered and torn apart during psychotherapy - fixed pattern.</td>
</tr>
<tr>
<td><strong>Turnera aphrodisiaca (Damiana)</strong> 1X</td>
<td>Increases libido, calms the nerves</td>
</tr>
<tr>
<td><strong>Valeriana (Valerian)</strong> 1X</td>
<td>Relieves irritability and pain. Favours rest and sleep.</td>
</tr>
<tr>
<td><strong>Viola Odorata (Sweet violet)</strong> 1X</td>
<td>Lamenting, sadness, tearful moods.</td>
</tr>
</tbody>
</table>

**Rescue 30C:** Impatients, Star of Bethlehem, Cherry Plum, Rock Rose, Clematis

**Additional Ingredients:**
- Reverse osmosis water 68%
- Ethanol 12%
- Kosher glycerine from palm/or coconut oil 20%

**References:***
Cook, 158. Thomas L. Bradford, *The Logic of Figures or Comparative Results of Homoeopathic and other Treatments*. Philadelphia: Boericke and Tafel
"Agnus Castus*: This plant is commonly known as the "choke tree" and is used in traditional medicine to treat a variety of conditions, including menstrual irregularities, hormonal imbalances, and general debility.
"Cimicifuga*
"Chamomilla*
"Caulophyllum Thalictroides" - This plant is known for its efficacy in treating menstrual complaints, particularly when the symptoms are secondary or a consequence of general debility and impoverished blood.
"Cimicifuga (Black cohosh) 3X, 6C* - Influences the hormonal function of women with a tendency to mental excitability.
"Cinchona (Quina) 2X* - Used as a nerve (balances/calms nerves) & neuroasthenic (reduces nerve pain).
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28/10/2013